



Road Cleanup October 18, 2025



On a brisk Saturday morning, ten dedicated members bundled up and hit the road—literally—for their community cleanup duty. Armed with bright safety vests, trash bags, and plenty of determination, the volunteers gathered early to clear litter along Airport Road and Crossover Boulevard.

Despite the chilly temperatures, spirits were warm as members began the day with hot coffee and donuts provided by Tim Anderson. Members chatted, laughed, and worked side by side. The team collected bags of debris, leaving the area noticeably cleaner and safer for drivers and pedestrians alike.

This is what Kiwanis is all about—serving our community and taking pride in where we live. Even a cold morning feels good when you're doing something meaningful.

The club participates in roadside cleanup efforts twice a year as part of its commitment to community service and environmental stewardship. Thank you, Tim, for taking charge of this important initiative!



KIWANIS KOURIER



KIWANIS CLUB OF WINCHESTER, VA * Serving the Winchester/Frederick County Community NOVEMBER 2025

PRESIDENT'S CORNER

SUSAN CORRIGAN



November is a time to pause and reflect on all we're thankful for—and in Kiwanis, we have plenty to celebrate. Our club continues to make a difference through service, friendship, and community spirit.

This month, we're especially excited about our semi-annual Pancake Day, one of our most beloved traditions! It's more than just a delicious breakfast—it's a time when neighbors, families, and friends come together to support the programs that help children and families throughout the year.

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NOVEMBER BIRTHDAYS

Happy Birthday To Our Members!



Juliette Michael	11/09
Nancy Huth	11/13
Mike Didawick	11/20
Ryan Taylor	11/21
Susan Corrigan	11/22
Bob Bearer	11/26

(for birthday errors & omissions,
please email editor@winvakiw.org)

CALENDAR

Nov 5: Lunch meeting at the Winchester Moose Lodge; Business meeting; 12-1pm

Nov 7: Pancake Day setup
Nov 8: Pancake Day

Nov 12: Lunch meeting at the Winchester Moose Lodge; Brandy Boies, Laurel Ridge; 12-1pm

Nov 19: Lunch meeting at the Winchester Moose Lodge; Denise Snapp, Winchester Fire Rescue Foundation; 12-1pm

Nov 20: Board Meeting at Beth El Congregation; 6pm

Nov 26: NO Lunch meeting

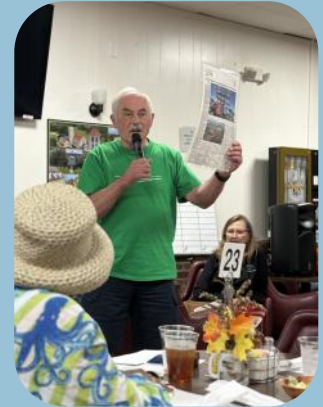
Nov 27: HAPPY THANKSGIVING!





GUEST SPEAKERS

Tim Anderson, a fellow Kiwanian and world traveler, shared his hiking experiences with our club at the October 8th lunch meeting. About 20 years ago, Tim hiked the Appalachian Trail and fell in love with hiking and climbing. In 2001, after hiking to the highest point in the Rockies, Mount Elbert, he gave himself a new goal – hiking the 50 highest points in the United States. While hiking with his daughter, Brooke, in North Carolina, she came up with the grand plan of hiking Mount Kilimanjaro in Africa. This did not happen for quite a while, because Brooke moved to Michigan to get a doctorate and COVID hit our country. Last year, Brooke asked Tim if they were ever going to make this hike, which started the serious planning for this adventure before Tim turned 80. Part of this planning included a lot of working out to ensure they had healthy lungs and strong legs.



On July 3, 2025, Tim and Brooke flew to Amsterdam then on to Tanzania, the closest airport to Mount Kilimanjaro. Their hike began on July 5th as part of a group of 14 hikers, with a guide, and porters that carried the tents and food. Their starting elevation was 7,500 feet with the goal of reaching the summit at 19,341 feet.



Amazing Tim at summit!



Meals were important for energy



Tim's group of 14 hikers
(continued on next page)



GUEST SPEAKERS

It took six and a half days to hike to the summit while going through five different climatic zones. To stay healthy, they had to take medication for altitude sickness, drink a gallon of water a day, and consume 3,000-4,000 calories each day. They were very fortunate to have porters to take care of the heavy lifting, setting up tents, and preparing the food. After reaching the summit, they had the long trek back to the beginning. The trip down was a much shorter route, taking one and a half days, however it was much steeper and muddier.

This was a once in a lifetime experience for Tim and Brooke. Their goal was only accomplished through hard work and persistence. Congratulations on your success! Tim has completed 36 of the 50 highest points in the United States and is now planning a trip to Machu Picchu in the Andes Mountains of Peru.

Thank you, Tim for sharing your incredible experience with our club!



Tim and Brooke's starting point

On October 16th Kristin Span spoke to members concerning her work on behalf of F.R.E.E. (Foundation for Rehabilitation Equipment Endowment), a non-profit located at 333 W. Cork St., Suite 40. Kristin explained how F.R.E.E. provides free medical equipment to citizens. All that is needed is a prescription from a physician or therapist and a completed application. Clients never undergo a financial investigation. Instead, if one indicates a need, F.R.E.E. tries to provide needed equipment.

Kristin handed out a list of the medical equipment the foundation accepts. These items include: manual and power wheelchairs, walkers and wheeled walkers, canes and crutches, bath and toilet aids, Hoyer lifts, and other specialty equipment. All items need to be in good working order and will be cleaned and sanitized before they are passed on.

The office, in the basement of the Old Hospital, is open Monday-Wednesday 9:00-3:00 and Thursday 9:00-4:00.





GUEST SPEAKERS

Christian Nelson, the Commander for the local chapter of the Disabled American Veterans (DAV), spoke at our October 29th lunch meeting. Christian worked at the Army Corps of Engineers while in the military and his wife is a retired military member. His background led him to volunteer with DAV in order to help those that are entitled to VA benefits. Many veterans don't understand the benefits they earned through military service. The local DAV chapter provides free assistance to veterans and dependents as they navigate the VA benefits claims process. Additionally, the DAV works to ensure veterans can get to medical appointments and provides grants to help with essential needs such as rent or food. If you would like to support their mission, please consider donating to our local DAV chapter—your contribution directly benefits veterans right here in our community. Contact information: dav.chapter.9.comdr@gmail.com. Thank you, Christian, for your vital work and for helping our military members receive the benefits they have earned and truly deserve.



SOCIAL NEWS

Robann Rigglesman & Debbie Guiffre

The Fall Social on October 10th was a huge success, with 26 people in attendance. Pat Snapp was our delightful hostess at her beautiful home. Everyone brought a dish to share and we roasted hot dogs over the firepit. To top it off we had delicious s'mores. It was a beautiful evening to sit around the fire and have memorable conversations!





SUPPORTING OUR COMMUNITY THROUGH SERVICE AND GENEROSITY

The Kiwanis Club is built on a simple but powerful mission: *to improve the world one child and one community at a time*. Through both hands-on service and financial support, our Kiwanis members make a meaningful difference in our community.

Each year, we contribute countless volunteer hours and raise funds through our Pancake Days to support Key Clubs, youth programs, and community initiatives. Whether it's sponsoring scholarships, supporting local non-profits, holding a phenomenal Christmas party for our youth, cleaning our roadways and park, or donating blood, our Kiwanis members are there — ready to lend a hand.

In addition to financial support given to organizations throughout the year, we were fortunate to provide additional funds to 11 non-profits at the end of our fiscal year. These non-profits include: Olive Branch Food Pantry, Bright Futures, Sinclair Health Clinic, Kids Clubs, I'm Just Me Movement, Timber Ridge, Fremont Street Nursery, Katie's Comfort House, WATTS, and Highland Food Pantry.

Marsha Boden, Director of the Olive Branch Food Pantry, volunteer Stan Kraft, and Pastor Harley Whitfield, who started the food pantry in 1965, attended and spoke at the October 22nd lunch meeting. Past-President Mike Didawick presented a check to help support their vital mission for providing food for families facing adversity in our community.



Elise Stine-Dolinar, the Program Coordinator for Bright Futures was very excited to receive a donation from our club. She stated that this could not have come at a better time as many children are struggling with food insecurity.

Club members supported WATTS at their sixth annual fundraiser — An Evening of Sharing & Caring and collected pet food for the Winchester Area SPCA during October.



In every project and every act of giving, Kiwanis members embody the spirit of service. Together, we prove that when a community comes together with compassion and purpose, there's no limit the good that can be done.



PRESIDENT'S CORNER

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A huge thank you to our Pancake Day Committee and our major beneficiary, Froggy's Closet, and everyone who will volunteer, flip pancakes, sell tickets, or simply show up with an appetite and a smile. Your energy and commitment make this event a success year after year.

As we approach Thanksgiving, I'm reminded of how grateful I am for each of our members. Your dedication, kindness, and teamwork truly embody the Kiwanis spirit. Together, we're making our community stronger—not only through the funds we raise, but through the hours we serve and the example we set.

Let's carry that spirit of gratitude into the busy season ahead. Thank you for all you do to make our club—and our community—something to be proud of.

Wishing you and your families a warm, happy Thanksgiving!

-Susan



Board Members: 2024-2026

Doug Green
Debbie Guiffre
Robann Riggleman
Ryan Taylor

Board Members: 2025-2027

Susan Creasy
Jon Eye
Juliette Michael
Craig Morcom

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Secretary—Nancy Huth
Treasurer—Dennis Grubbs
Past President—Mike Didawick

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The Kiwanis Club of Winchester meets for lunch each Wednesday from 12 to 1 pm at the
Winchester Moose Lodge, 215 E. Cork St., Winchester, VA 22601.

Newsletter submissions may be emailed to editor@winvakiw.org, no later than the 22nd of each month.



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